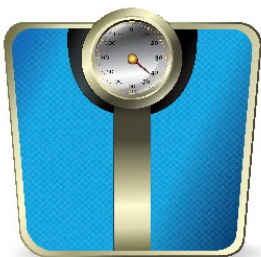


# Big Patients, Big Consequences

## *Obesity and the Implications for Dentistry*

*Obesity not only **cripples health**,  
but it also has crippling effects on the economy.*

*Current estimates place a price tag of \$150 billion in  
**health care costs** associated with obesity annually.*



Dentistry experienced a major philosophical evolution over 20 years ago when oral-systemic research first made headlines. This early research began to uncover how oral inflammatory conditions, such as periodontal disease, could have systemic implications (diabetes, cardiovascular disease and preterm low birth weight babies). It's only been as of late, that science has begun to look more closely at obesity and its potential influence on oral health.

Utilizing her unique experience as a seasoned educator, clinician and practice coach, Stacy McCauley's presentations offer a high-energy, workshop environment where attendees are able to not only learn the "what" behind a topic but also the "how" of implementation into clinical practice. Using realistic case studies and small group interaction, attendees will learn why obesity is considered a risk factor for periodontal disease and dental caries infection. Participants will also walk away with strategies for how they can better equip obese patients with home care products for oral disease management.



### Learning Objectives:

- Explain the physiology of obesity including its impact on inflammation.
- Discuss the trends associated with food consumption and physical activity.
- Describe the oral consequence commonly associated with obesity.
- Make recommendations for oral self-care when treating a patient before and after bariatric surgery.

**STACY MCCAULEY, RDH, MS**

(919) 593-6789



**inspired**hygiene

sm@inspiredhygiene.com

www.inspiredhygiene.com

Suggested Audience: Full- or half-day

Suggested Format: Doctor and team