

# Hot and Bothered!

## Science and Strategies for Managing **Oral and Systemic Inflammation**

Are you *"sick and tired"* of your patients being  
*"sick and tired"* as a result of their poor health?



Shockingly, 70% of all deaths in the U.S. are caused by chronic disease, with chronic inflammation playing a key role in many of these conditions.

Inflammation doesn't just wreak havoc on the oral cavity; inflammation can be detrimental to overall health as well. How you take care of yourself not only impacts the mouth, but the entire body. This program details specific strategies for optimum overall health, giving participants tangible action steps for decreasing inflammation.

Utilizing her unique experience as a seasoned educator, clinician and practice coach, Stacy McCauley's presentations offer a high-energy, workshop environment where attendees learn the skills necessary to implement inflammation management strategies in their practices. Using realistic case studies and small group interaction, attendees will learn optimum periodontal diagnosis and treatment planning strategies, as well as how to present treatment plans to patients. Each participant will leave with a dialogue toolbox to actively engage patients to take action on treatment recommendations. Content will also include periodontal therapy insurance coding how to's, making this program one that cannot be missed!



Suggested Audience: Full- or half-day  
Suggested Format: Doctor and team

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### Learning Objectives:

- Explain the current science surrounding inflammatory diseases.
- Differentiate between pro-inflammatory foods and anti-inflammatory foods.
- Understand how lifestyle choices influence both oral and systemic inflammation.
- Describe the cascade of clinical events that define periodontal disease infections along with therapeutic intervention strategies.
- Demonstrate through treatment planning exercises how to enroll clients into both gingivitis therapy as well as comprehensive periodontal therapy.
- Design comfortable dialogues to impact patient choices.
- Maximize insurance codes and benefits.